

#WhereIStarted



“I started in ProStart after getting injured during my competitive ski racing season and suddenly had a lot of free time. I loved baking, but never thought it would be what I’d be doing the rest of my life. My ProStart mentor opened my eyes to the idea that this passion of mine could turn into a career. People in the industry are a lot like my teammates on the ski team—hardworking, organized, dedicated, determined and creative.”

Andrea Knight

AGE

28

TODAY

Owner & Founder,
The Noshery,
Denver, CO

ADVICE FOR TEENS INTERESTED IN THE RESTAURANT INDUSTRY

Push yourself and don’t hold anything back if it’s truly what you want to do. You will be challenged—you’ll be tried and tested—but if you really love it, stick with it. It’s worth it.