



#WhereIStarted

*“The opportunity to work at Google never would have happened had I not enrolled in my local ProStart program in Baltimore, while still attending high school. **Because of that success, I learned the value of teamwork, cooperation and leadership.** Also, through its scholarship program, ProStart has helped fund a good portion of my CIA degree. But the best thing of all is it really helped me to get my foot in the door of this industry.”*

Samantha Landwehr

AGE 19
FIRST RESTAURANT JOB
Externship at Google
Foodservice
Mountain View, California
Student, Culinary Institute
of America
Hyde Park, New York

ADVICE FOR TEENS INTERESTED IN THE RESTAURANT INDUSTRY
Do your research. Know the sacrifices you will have to make. Between school at the CIA and my externship at Google, I've been home with family for less than three weeks this year, but it is so worth it. I am very willing to make the sacrifice because this industry is very rewarding to those who are committed to it. You can meet some of the most amazing people and you get to spend your days making other people happy through food!